



DECEMBER 8–14, 2025

God the Preserver of Man

GOLDEN TEXT

Psalms 107:1 (to :), 29

O give thanks unto the Lord, for he is good: . . . He maketh the storm a calm, so that the waves thereof are still.

RESPONSIVE READING

**Isaiah 54:11, 13; 42:5 (to 1st); 6;
Matthew 14:14; 8:23–27**

Isa. 54:11 O thou afflicted, tossed with tempest, and not comforted, behold, I will lay thy stones with fair colours, and lay thy foundations with sapphires.

13 And all thy children shall be taught of the Lord; and great shall be the peace of thy children.

42:5 Thus saith God the Lord, he that created the heavens, and stretched them out;

6 I the Lord have called thee in righteousness, and will hold thine hand, and

will keep thee, and give thee for a covenant of the people, for a light of the Gentiles;

Matt. 14:14 And Jesus went forth, and saw a great multitude, and was moved with compassion toward them, and he healed their sick.

8:23 And when he was entered into a ship, his disciples followed him.

24 And, behold, there arose a great tempest in the sea, insomuch that the ship was covered with the waves: but he was asleep.

25 And his disciples came to him, and awoke him, saying, Lord, save us: we perish.

26 And he saith unto them, Why are ye fearful, O ye of little faith? Then he arose, and rebuked the winds and the sea; and there was a great calm.

27 But the men marvelled, saying, What manner of man is this, that even the winds and the sea obey him!

SECTION 1

The Bible

1 | Jeremiah 31:3

3 The Lord hath appeared of old unto me, saying, Yea, I have loved thee with an everlasting love: therefore with lovingkindness have I drawn thee.

2 | Job 33:4

4 The spirit of God hath made me, and the breath of the Almighty hath given me life.

3 | Psalms 8:1, 4 (to 1st ?), 6

1 O Lord our Lord, how excellent is thy name in all the earth! who hast set thy glory above the heavens.

4 What is man, that thou art mindful of him?

6 Thou madest him to have dominion over the works of thy hands; thou hast put all things under his feet:

4 | Psalms 121:8

8 The Lord shall preserve thy going out and thy coming in from this time forth, and even for evermore.

5 | Isaiah 32:2

2 And a man shall be as an hiding place from the wind, and a covert from the tempest; as rivers of water in a dry place, as the shadow of a great rock in a weary land.

Science and Health with Key to the Scriptures by Mary Baker Eddy

1 | 476:4, 9-13

In divine Science, God and the real man are inseparable as divine Principle and idea.

God is the Principle of man, and man is the idea of God. Hence man is not mortal nor material. Mortals will disappear, and immortals, or the children of God, will appear as the only and eternal verities of man.

Mortals are not immortals

2 | 258:21-30

The human capacities are enlarged and perfected in proportion as humanity gains the true conception of man and God.

Mortals have a very imperfect sense of the spiritual man and of the infinite range of his thought. To him belongs eternal Life. Never born and never dying, it were impossible for man, under the government of God in eternal Science, to fall from his high estate.

Individual permanency

3 | 151:23-24, 26

The divine Mind that made man maintains His own image and likeness.

All that really exists is the divine Mind and its idea, and in this Mind the entire being is found harmonious and eternal. The straight and narrow way is to see and acknowledge this fact, yield to this power, and follow the leadings of truth.

4 | 444:10

Step by step will those who trust Him find that "God is our refuge and strength, a very present help in trouble."

Refuge and strength

SECTION 2

The Bible

6 | [Psalms 16:1, 11 \(to :\)](#)

¹ Preserve me, O God: for in thee do I put my trust.

¹¹ Thou wilt shew me the path of life:

7 | [Genesis 6:9 Noah was, 13 \(to 1st\);, 14, 19](#)

⁹ Noah was a just man and perfect in his generations, and Noah walked with God.

¹³ And God said unto Noah, The end of all flesh is come before me;

¹⁴ Make thee an ark of gopher wood; rooms shalt thou make in the ark, and shalt pitch it within and without with pitch.

¹⁹ And of every living thing of all flesh, two of every sort shalt thou bring into the ark, to keep them alive with thee; they shall be male and female.

8 | [Genesis 7:5, 12](#)

⁵ And Noah did according unto all that the Lord commanded him.

¹² And the rain was upon the earth forty days and forty nights.

9 | [Genesis 8:1, 18, 19](#)

¹ And God remembered Noah, and every living thing, and all the cattle that was with him in the ark: and God made a wind

to pass over the earth, and the waters assuaged;

¹⁸ And Noah went forth, and his sons, and his wife, and his sons' wives with him: ¹⁹ Every beast, every creeping thing, and every fowl, and whatsoever creepeth upon the earth, after their kinds, went forth out of the ark.

10 | [Psalms 36:6](#)

⁶ Thy righteousness is like the great mountains; thy judgments are a great deep: O Lord, thou preservest man and beast.

Science and Health

5 | [550:5-7](#)

God is the Life, or intelligence, which forms and preserves the individuality and identity of animals as well as of men.

Deep-reaching interrogations

6 | [581:8-13](#)

ARK. Safety; the idea, or reflection, of Truth, proved to be as immortal as its Principle; the understanding of Spirit, destroying belief in matter.

God and man coexistent and eternal; Science showing that the spiritual realities of all things are created by Him and exist forever.

7 | [530:5-6](#)

In divine Science, man is sustained by God, the divine Principle of being.

8 | **118:26**

The definitions of material law, as given by natural science, represent a kingdom necessarily divided against itself, because these definitions portray law as physical, not spiritual. Therefore they contradict the divine decrees and violate the law of Love, in which nature and God are one and the natural order of heaven comes down to earth.

Certain
contradictions

9 | **70:12-13**

The divine Mind maintains all identities, from a blade of grass to a star, as distinct and eternal.

SECTION 3

The Bible

11 | **Isaiah 59:19 When**

¹⁹ When the enemy shall come in like a flood, the spirit of the Lord shall lift up a standard against him.

12 | **Psalms 62:5-7**

⁵ My soul, wait thou only upon God; for my expectation is from him. ⁶ He only is my rock and my salvation: he is my defence; I shall not be moved. ⁷ In God is my salvation and my glory: the rock of my strength, and my refuge, is in God.

13 | **Matthew 4:23**

²³ And Jesus went about all Galilee, teaching in their synagogues, and preaching the gospel of the kingdom, and healing all manner of sickness and all manner of disease among the people.

14 | **Matthew 5:1, 2, 48**

¹ And seeing the multitudes, he went up into a mountain: and when he was set, his disciples came unto him: ² And he opened his mouth, and taught them, saying,

⁴⁸ Be ye therefore perfect, even as your Father which is in heaven is perfect.

15 | **Matthew 7:24 whosoever, 25**

²⁴ whosoever heareth these sayings of mine, and doeth them, I will liken him unto a wise man, which built his house upon a rock: ²⁵ And the rain descended, and the floods came, and the winds blew, and beat upon that house; and it fell not: for it was founded upon a rock.

16 | **Ephesians 3:14, 17-19**

¹⁴ For this cause I bow my knees unto the Father of our Lord Jesus Christ,

¹⁷ That Christ may dwell in your hearts by faith; that ye, being rooted and grounded in love, ¹⁸ May be able to comprehend with all saints what is the breadth, and length, and depth, and height; ¹⁹ And to know the love of Christ, which passeth knowledge, that ye might be filled with all the fulness of God.

Science and Health

10 | [316:12 \(only\), 20](#)

Jesus represented Christ, the true idea of God.

Christ presents the indestructible man, whom Spirit creates, constitutes, and governs. Christ illustrates that blending with God, his divine Principle, which gives man dominion over all the earth.

11 | [326:3-4, 12-14, 20](#)

If we wish to follow Christ, Truth, it must be in the way of God's appointing.

We must forsake the foundation of material systems, however time-honored, if we would gain the Christ as our only Saviour.

Working and praying with true motives, your Father will open the way. "Who did hinder you, that ye should not obey the truth?"

12 | [269:21](#)

The testimony of the material senses is neither absolute nor divine. I therefore plant myself unreservedly on the teachings of Jesus, of his apostles, of the prophets, and on the testimony of the Science of Mind. Other foundations there are none. All other systems — systems based wholly or partly on knowledge gained through the material senses — are reeds shaken by the wind, not houses built on the rock.

Biblical
foundations

13 | [593:18 \(only, to 2nd.\)](#)

Rock. Spiritual foundation; Truth.

14 | [201:7-9](#)

We cannot build safely on false foundations. Truth makes a new creature, in whom old things pass away and "all things are become new."

15 | [285:27](#)

As mortals reach, through knowledge of Christian Science, a higher sense, they will seek to learn, not from matter, but from the divine Principle, God, how to demonstrate the Christ, Truth, as the healing and saving power.

Salvation
is through
reform

SECTION 4

The Bible

17 | [II Corinthians 1:2, 21 he, 22](#)

² Grace be to you and peace from God our Father, and from the Lord Jesus Christ.

²¹ he which stablisheth us with you in Christ, and hath anointed us, is God;
²² Who hath also sealed us, and given the earnest of the Spirit in our hearts.

18 | [John 3:6, 8](#)

⁶ That which is born of the flesh is flesh; and that which is born of the Spirit is spirit.

8 The wind bloweth where it listeth, and thou hearest the sound thereof, but canst not tell whence it cometh, and whither it goeth: so is every one that is born of the Spirit.

19 | [Matthew 8:14 when, 15](#)

14 when Jesus was come into Peter's house, he saw his wife's mother laid, and sick of a fever. 15 And he touched her hand, and the fever left her: and she arose, and ministered unto them.

Science and Health

16 | [598:1–5](#)

The Greek word for *wind* (*pneuma*) is used also for *spirit*, as in the passage in John's Gospel, the third chapter, where we read: "The wind [*pneuma*] bloweth where it listeth. . . . So is every one that is born of the Spirit [*pneuma*]."

17 | [79:19–20](#)

Jesus did his own work by the one Spirit. He said: "My Father worketh hitherto, and I work."

18 | [191:24–1](#)

The Science of being reveals man and immortality as based on Spirit. Physical sense defines mortal man as based on matter, and from this premise infers the mortality of the body.

The illusive senses may fancy affinities with their opposites; No physical affinity

but in Christian Science, Truth never mingles with error. Mind has no affinity with matter, and therefore Truth is able to cast out the ills of the flesh. Mind, God, sends forth the aroma of Spirit, the atmosphere of intelligence.

19 | [184:27](#)

A woman, whom I cured of consumption, always breathed with great difficulty when the wind was from the east. I sat silently by her side a few moments. Her breath came gently. The inspirations were deep and natural. I then requested her to look at the weather-vane. She looked and saw that it pointed due east. The wind had not changed, but her thought of it had and so her difficulty in breathing had gone. The wind had not produced the difficulty. My metaphysical treatment changed the action of her belief on the lungs, and she never suffered again from east winds, but was restored to health.

20 | [229:28](#)

It is the transgression of a belief of mortal mind, not of a law of matter nor of divine Mind, which causes the belief of sickness. The remedy is Truth, not matter, — the truth that disease is *unreal*.

21 | [411:27–32](#)

Always begin your treatment by allaying the fear of patients. Silently reassure them as to their exemption from disease and danger. Unspoken pleading

Watch the result of this simple rule of Christian Science, and you will find that it alleviates the symptoms of every disease.

22 | [97:17, 29–32](#)

The more material the belief, the more obvious its error, until divine Spirit, supreme in its domain, dominates all matter, and man is found in the likeness of Spirit, his original being.

Christianity is again demonstrating the Life that is Truth, and the Truth that is Life, by the apostolic work of casting out error and healing the sick.

SECTION 5

The Bible

20 | [Psalms 40:11](#)

¹¹ Withhold not thou thy tender mercies from me, O Lord: let thy lovingkindness and thy truth continually preserve me.

21 | [I John 4:12 If](#)

¹² If we love one another, God dwelleth in us, and his love is perfected in us.

22 | [Romans 12:10, 12, 18, 21](#)

¹⁰ Be kindly affectioned one to another with brotherly love; in honour preferring one another;

¹² Rejoicing in hope; patient in tribulation; continuing instant in prayer;

¹⁸ If it be possible, as much as lieth in you, live peaceably with all men.

²¹ Be not overcome of evil, but overcome evil with good.

23 | [Romans 8:35, 37–39](#)

³⁵ Who shall separate us from the love of Christ? shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword?

³⁷ Nay, in all these things we are more than conquerors through him that loved us. ³⁸ For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, ³⁹ Nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord.

Science and Health

23 | [304:9](#)

This is the doctrine of Christian Science: that divine Love cannot be deprived of its manifestation, or object; that joy cannot be turned into sorrow, for sorrow is not the master of joy; that good can never produce evil; that matter can never produce mind nor life result in death. The perfect man — governed by God, his perfect Principle — is sinless and eternal.

24 | [337:7–10](#)

For true happiness, man must harmonize with his Principle, divine Love; the

Son must be in accord with the Father, in conformity with Christ.

25 | 192:30

Whatever holds human thought in line with unselfed love, receives directly the divine power.

26 | 57:22

Human affection is not poured forth vainly, even though it meet no return. Love enriches the nature, enlarging, purifying, and elevating it. The wintry blasts of earth may uproot the flowers of affection, and scatter them to the winds; but this severance of fleshly ties serves to unite thought more closely to God, for Love supports the struggling heart until it ceases to sigh over the world and begins to unfold its wings for heaven.

Help and discipline

27 | 516:12-13, 21

Love, redolent with unselfishness, bathes all in beauty and light.

Love imparts beauty

Man and woman as coexistent and eternal with God forever reflect, in glorified quality, the infinite Father-Mother God.

SECTION 6

The Bible

24 | Deuteronomy 33:12 The

¹² The beloved of the Lord shall dwell in safety by him; and the Lord shall cover him all the day long, and he shall dwell between his shoulders.

25 | Psalms 21:13

¹³ Be thou exalted, Lord, in thine own strength: so will we sing and praise thy power.

26 |

Proverbs 30:4 who hath gathered (to 4th ?), 5

⁴ who hath gathered the wind in his fists? who hath bound the waters in a garment? who hath established all the ends of the earth?

⁵ Every word of God is pure: he is a shield unto them that put their trust in him.

Science and Health

28 | 264:32-1

The universe of Spirit is peopled with spiritual beings, and its government is divine Science.

29 | 597:27-29

WIND. That which indicates the might of omnipotence and the movements of

God's spiritual government, encompassing all things.

30 | [192:17-21](#)

Moral and spiritual might belong to Spirit, who holds the "wind in His fists;" and this teaching accords with Science and harmony. In Science, you can have no power opposed to God, and the physical senses must give up their false testimony.

The one
real power

31 | [288:14](#)

The lightnings and thunderbolts of error may burst and flash till the cloud is

cleared and the tumult dies away in the distance. Then the raindrops of divinity refresh the earth. As St. Paul says: "There remaineth therefore a rest to the people of God" (of Spirit).

32 | [506:10-12](#)

Through divine Science, Spirit, God, unites understanding to eternal harmony. The calm and exalted thought or spiritual apprehension is at peace.

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