



JULY 13–19, 2026

Life

GOLDEN TEXT

Isaiah 41:10 *I am thy*

. . . I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness.

RESPONSIVE READING

Psalms 27:1, 13, 14; Isaiah 33:6 (to :), 10, 13, 21 the (to :), 22; 32:17, 18

Ps. 27:1 The Lord is my light and my salvation; whom shall I fear? the Lord is the strength of my life; of whom shall I be afraid?

13 I had fainted, unless I had believed to see the goodness of the Lord in the land of the living.

14 Wait on the Lord: be of good courage, and he shall strengthen thine heart: wait, I say, on the Lord.

Isa. 33:6 **And wisdom and knowledge shall be the stability of thy times, and strength of salvation:**

10 Now will I rise, saith the Lord; now will I be exalted; now will I lift up myself.

13 Hear, ye that are far off, what I have done; and, ye that are near, acknowledge my might.

21 . . . the glorious Lord will be unto us a place of broad rivers and streams;

22 For the Lord is our judge, the Lord is our lawgiver, the Lord is our king; he will save us.

32:17 And the work of righteousness shall be peace; and the effect of righteousness quietness and assurance for ever.

18 And my people shall dwell in a peaceable habitation, and in sure dwellings, and in quiet resting places;

SECTION 1

The Bible

1 | Isaiah 65:8 (to 1st), 18 be (to :)

8 Thus saith the Lord,
18 be ye glad and rejoice for ever in that which I create:

2 | Job 33:4

4 The spirit of God hath made me, and the breath of the Almighty hath given me life.

3 | Psalms 36:7, 9

7 How excellent is thy lovingkindness, O God! therefore the children of men put

their trust under the shadow of thy wings.

9 For with thee is the fountain of life: in thy light shall we see light.

4 | [Psalms 16:8, 11 \(to ;\)](#)

8 I have set the Lord always before me: because he is at my right hand, I shall not be moved.

11 Thou wilt shew me the path of life: in thy presence is fulness of joy;

5 | [Romans 11:33 \(to 1st !\), 36 \(to 1st .\)](#)

33 O the depth of the riches both of the wisdom and knowledge of God!

36 For of him, and through him, and to him, are all things: to whom be glory for ever.

Science and Health with Key to the Scriptures by Mary Baker Eddy

1 | [468:25-27](#)

Question. — What is Life?

Answer. — Life is divine Principle, Mind, Soul, Spirit. Life is without beginning and without end.

2 | [331:1-3, 5-6, 16](#)

God is divine Life, and Life is no more confined to the forms which reflect it than substance is in its shadow.

Life is Mind, the creator reflected in His creations.

Everything in God's universe expresses Him.

3 | [503:24, 28](#)

God creates neither erring thought, mortal life, mutable truth, nor variable love.

God, Spirit, dwelling in infinite light and harmony from which emanates the true idea, is never reflected by aught but the good.

4 | [496:9 \(only\)](#)

We all must learn that Life is God.

SECTION 2

The Bible

6 | [Proverbs 21:21](#)

21 He that followeth after righteousness and mercy findeth life, righteousness, and honour.

7 | [Romans 8:6, 28](#)

6 For to be carnally minded is death; but to be spiritually minded is life and peace.

28 And we know that all things work together for good to them that love God, to them who are the called according to his purpose.

8 | [Psalms 37:3-6](#)

3 Trust in the Lord, and do good; so shalt thou dwell in the land, and verily

thou shalt be fed. ⁴ Delight thyself also in the Lord; and he shall give thee the desires of thine heart. ⁵ Commit thy way unto the Lord; trust also in him; and he shall bring it to pass. ⁶ And he shall bring forth thy righteousness as the light, and thy judgment as the noonday.

9 | [Isaiah 51:1 \(to :\)](#)

¹ Hearken to me, ye that follow after righteousness, ye that seek the Lord:

10 | [Isaiah 55:2](#)

² Wherefore do ye spend money for that which is not bread? and your labour for that which satisfieth not? hearken diligently unto me, and eat ye that which is good, and let your soul delight itself in fatness.

11 | [Isaiah 58:10, 11](#)

¹⁰ And if thou draw out thy soul to the hungry, and satisfy the afflicted soul; then shall thy light rise in obscurity, and thy darkness be as the noon day: ¹¹ And the Lord shall guide thee continually, and satisfy thy soul in drought, and make fat thy bones: and thou shalt be like a watered garden, and like a spring of water, whose waters fail not.

Science and Health

5 | [257:24](#)

Who hath found finite
life or love sufficient to meet

Inexhaustible
divine Love

the demands of human want and woe, — to still the desires, to satisfy the aspirations? Infinite Mind cannot be limited to a finite form, or Mind would lose its infinite character as inexhaustible Love, eternal Life, omnipotent Truth.

6 | [190:21-31](#)

The Hebrew bard, swayed by mortal thoughts, thus swept his lyre with saddening strains on human existence:

As for man, his days are as grass:
As a flower of the field, so he flourisheth.
For the wind passeth over it, and it is gone;
And the place thereof shall know it no more.

When hope rose higher in the human heart, he sang:

As for me, I will behold Thy face in righteousness:
I shall be satisfied, when I awake, with Thy likeness.

For with Thee is the fountain of life;
In Thy light shall we see light.

7 | [258:13-15, 25-27](#)

God expresses in man the infinite idea forever developing itself, broadening and rising higher and higher from a boundless basis.

Mortals have a very imperfect sense of the spiritual man and of the infinite range

of his thought. To him belongs eternal Life.

8 | 325:32

A false sense of life, substance, and mind hides the divine possibilities, and conceals scientific demonstration.

9 | 326:16-17 (to 2nd), 20-21

The purpose and motive to live aright can be gained now. This point won, you have started as you should.

Working and praying with true motives, your Father will open the way.

SECTION 3

The Bible

12 | Job 5:8, 12

⁸ I would seek unto God, and unto God would I commit my cause:

¹² He disappointeth the devices of the crafty, so that their hands cannot perform their enterprise.

13 | Nehemiah 1:1 (to)

¹ The words of Nehemiah the son of Hachaliah.

14 | Nehemiah 2:17 Ye

¹⁷ Ye see the distress that we are in, how Jerusalem lieth waste, and the gates thereof are burned with fire: come, and

let us build up the wall of Jerusalem, that we be no more a reproach.

15 | Nehemiah 6:1-6 (to :), 8, 9, 15, 16

¹ Now it came to pass, when Sanballat, and Tobiah, and Geshem the Arabian, and the rest of our enemies, heard that I had builded the wall, and that there was no breach left therein; (though at that time I had not set up the doors upon the gates;) ² That Sanballat and Geshem sent unto me, saying, Come, let us meet together in some one of the villages in the plain of Ono. But they thought to do me mischief. ³ And I sent messengers unto them, saying, I am doing a great work, so that I cannot come down: why should the work cease, whilst I leave it, and come down to you? ⁴ Yet they sent unto me four times after this sort; and I answered them after the same manner. ⁵ Then sent Sanballat his servant unto me in like manner the fifth time with an open letter in his hand; ⁶ Wherein was written, It is reported among the heathen, and Gashmu saith it, that thou and the Jews think to rebel:

⁸ Then I sent unto him, saying, There are no such things done as thou sayest, but thou feignest them out of thine own heart. ⁹ For they all made us afraid, saying, Their hands shall be weakened from the work, that it be not done. Now therefore, O God, strengthen my hands.

¹⁵ So the wall was finished in the twenty and fifth day of the month Elul, in fifty and two days. ¹⁶ And it came to pass, that

when all our enemies heard thereof, and all the heathen that were about us saw these things, they were much cast down in their own eyes: for they perceived that this work was wrought of our God.

Science and Health

10 | [193:32-2](#)

It has been demonstrated to me that Life is God and that the might of omnipotent Spirit shares not its strength with matter or with human will.

11 | [380:28](#)

Nothing is more disheartening than to believe that there is a power opposite to God, or good, and that God endows this opposing power with strength to be used against Himself, against Life, health, harmony.

12 | [102:30-31](#)

Mankind must learn that evil is not power. Its so-called despotism is but a phase of nothingness.

13 | [71:2](#)

Evil has no reality. It is neither person, place, nor thing, but is simply a belief, an illusion of material sense.

14 | [451:2, 11-14](#)

Christian Scientists must live under the constant pressure of the apostolic command to come out from the material

world and be separate. They must renounce aggression, oppression and the pride of power. Christianity, with the crown of Love upon her brow, must be their queen of life.

They must not only seek, but strive, to enter the narrow path of Life, for "wide is the gate, and broad is the way, that leadeth to destruction, and many there be which go in thereat."

Treasure
in heaven

15 | [394:28-29](#)

We should remember that Life is God, and that God is omnipotent.

16 | [202:3](#)

The scientific unity which exists between God and man must be wrought out in life-practice, and God's will must be universally done.

SECTION 4

The Bible

16 | [II Corinthians 3:5](#) *our*

⁵ our sufficiency is of God;

17 | [Matthew 4:23](#)

²³ And Jesus went about all Galilee, teaching in their synagogues, and preaching the gospel of the kingdom, and healing all manner of sickness and all manner of disease among the people.

18 | Matthew 5:1, 2, 6

¹ And seeing the multitudes, he went up into a mountain: and when he was set, his disciples came unto him: ² And he opened his mouth, and taught them, saying,

⁶ Blessed are they which do hunger and thirst after righteousness: for they shall be filled.

19 | Matthew 6:25 Take, 26 (to .), 28, 31–33

²⁵ Take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than meat, and the body than raiment? ²⁶ Behold the fowls of the air: for they sow not, neither do they reap, nor gather into barns; yet your heavenly Father feedeth them.

²⁸ And why take ye thought for raiment? Consider the lilies of the field, how they grow; they toil not, neither do they spin:

³¹ Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed? ³² (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things. ³³ But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

20 | Luke 12:32

³² Fear not, little flock; for it is your Father's good pleasure to give you the kingdom.

Science and Health**17 | 2:4**

Are we benefited by praying? Right motives
Yes, the desire which goes forth hungering after righteousness is blessed of our Father, and it does not return unto us void.

18 | 530:5

In divine Science, man is sustained by God, the divine Divine providence
Principle of being. The earth, at God's command, brings forth food for man's use. Knowing this, Jesus once said, "Take no thought for your life, what ye shall eat, or what ye shall drink," — presuming not on the prerogative of his creator, but recognizing God, the Father and Mother of all, as able to feed and clothe man as He doth the lilies.

19 | 531:25–27

Which institutes Life, — matter or Mind? Does Life begin with Mind or with matter? Is Life sustained by matter or by Spirit?

20 | 425:15–17

Mortal man will be less mortal, when he learns that matter never sustained exis-

tence and can never destroy God, who is man's Life.

21 | 91:16

Absorbed in material selfhood we discern and reflect but faintly the substance of Life or Mind. The denial of material selfhood aids the discernment of man's spiritual and eternal individuality, and destroys the erroneous knowledge gained from matter or through what are termed the material senses.

22 | 202:17

The days of our pilgrimage will multiply instead of diminish, when God's kingdom comes on earth; for the true way leads to Life instead of to death, and earthly experience discloses the finity of error and the infinite capacities of Truth, in which God gives man dominion over all the earth.

Harmonious
life-work

SECTION 5

The Bible

21 | Proverbs 12:28

28 In the way of righteousness is life; and in the pathway thereof there is no death.

22 | Matthew 9:10, 18 there, 19, 23-26

10 And it came to pass, as Jesus sat at meat in the house, behold, many publi-

cans and sinners came and sat down with him and his disciples.

18 there came a certain ruler, and worshipped him, saying, My daughter is even now dead: but come and lay thy hand upon her, and she shall live. 19 And Jesus arose, and followed him, and so did his disciples.

23 And when Jesus came into the ruler's house, and saw the minstrels and the people making a noise, 24 He said unto them, Give place: for the maid is not dead, but sleepeth. And they laughed him to scorn. 25 But when the people were put forth, he went in, and took her by the hand, and the maid arose. 26 And the fame hereof went abroad into all that land.

23 | Romans 6:23 the gift

23 the gift of God is eternal life through Jesus Christ our Lord.

Science and Health

23 | 26:10-16

The Christ was the Spirit which Jesus implied in his own statements: "I am the way, the truth, and the life;" "I and my Father are one." This Christ, or divinity of the man Jesus, was his divine nature, the godliness which animated him. Divine Truth, Life, and Love gave Jesus authority over sin, sickness, and death.

Christ's
demonstration

24 | 76:6–12, 18

When being is understood, Real Life is God
 Life will be recognized as neither material nor finite, but as infinite, — as God, universal good; and the belief that life, or mind, was ever in a finite form, or good in evil, will be destroyed. Then it will be understood that Spirit never entered matter and was therefore never raised from matter.

Suffering, sinning, dying beliefs are unreal. When divine Science is universally understood, they will have no power over man, for man is immortal and lives by divine authority.

25 | 428:30–7

The author has healed Careful guidance
 hopeless organic disease, and raised the dying to life and health through the understanding of God as the only Life. It is a sin to believe that aught can overpower omnipotent and eternal Life, and this Life must be brought to light by the understanding that there is no death, as well as by other graces of Spirit. We must begin, however, with the more simple demonstrations of control, and the sooner we begin the better. The final demonstration takes time for its accomplishment.

26 | 406:20–25 We

We can, and ultimately Resist to the end
 shall, so rise as to avail ourselves in every direction of the supremacy of

Truth over error, Life over death, and good over evil, and this growth will go on until we arrive at the fulness of God's idea, and no more fear that we shall be sick and die.

27 | 355:11

Let discord of every name and nature be heard no more, and let the harmonious and true sense of Life and being take possession of human consciousness.

SECTION 6

The Bible

24 | John 17:3

³ And this is life eternal, that they might know thee the only true God, and Jesus Christ, whom thou hast sent.

25 | Mark 10:17–21

¹⁷ And when he was gone forth into the way, there came one running, and kneeled to him, and asked him, Good Master, what shall I do that I may inherit eternal life? ¹⁸ And Jesus said unto him, Why callest thou me good? there is none good but one, that is, God. ¹⁹ Thou knowest the commandments, Do not commit adultery, Do not kill, Do not steal, Do not bear false witness, Defraud not, Honour thy father and mother. ²⁰ And he answered and said unto him, Master, all these have I observed from my youth. ²¹ Then Jesus beholding him loved him,

and said unto him, One thing thou lackest: go thy way, sell whatsoever thou hast, and give to the poor, and thou shalt have treasure in heaven: and come, take up the cross, and follow me.

26 | [Jude 1:21](#)

²¹ Keep yourselves in the love of God, looking for the mercy of our Lord Jesus Christ unto eternal life.

Science and Health

28 | [410:4–7](#)

“This is life eternal,” says Jesus, — *is*, not *shall be*; and then he defines everlasting life as a present knowledge of his Father and of himself, — the knowledge of Love, Truth, and Life.

Life eternal
and present

29 | [19:29–1](#)

Jesus urged the commandment, “Thou shalt have no other gods before me,” which may be rendered: Thou shalt have no belief of Life as mortal; thou shalt not know evil, for there is one Life, — even God, good.

Jesus’
sinless career

30 | [246:28 \(only\)](#)

Life and goodness are immortal.

31 | [289:32](#)

Because Life is God, Life must be eternal, self-existent. Life is the everlasting I AM, the Being who was and is and shall be, whom nothing can erase.

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