



JULY 6–12, 2026

# Sacrament

## GOLDEN TEXT

**II Corinthians 13:14 (to 1<sup>st</sup>.)**

The grace of the Lord Jesus Christ, and the love of God, and the communion of the Holy Ghost, be with you all.

## RESPONSIVE READING

**II Corinthians 4:15 all; Matthew 20:17–19; Matthew 26:17–20, 26–28, 30**

II Cor. 4:15 . . . all things are for your sakes, that the abundant grace might through the thanksgiving of many redound to the glory of God.

Matt. 20:17 **And Jesus going up to Jerusalem took the twelve disciples apart in the way, and said unto them,**

18 Behold, we go up to Jerusalem; and the Son of man shall be betrayed unto the chief priests and unto the scribes, and they shall condemn him to death,

19 **And shall deliver him to the Gentiles to mock, and to scourge, and to crucify him: and the third day he shall rise again.**

26:17 Now the first day of the feast of unleavened bread the disciples came to Jesus, saying unto him, Where wilt thou that we prepare for thee to eat the passover?

18 **And he said, Go into the city to such a man, and say unto him, The Master saith, My time is at hand; I will keep the passover at thy house with my disciples.**

19 And the disciples did as Jesus had appointed them; and they made ready the passover.

20 **Now when the even was come, he sat down with the twelve.**

26 And as they were eating, Jesus took bread, and blessed it, and brake it, and gave it to the disciples, and said, Take, eat; this is my body.

27 **And he took the cup, and gave thanks, and gave it to them, saying, Drink ye all of it;**

28 For this is my blood of the new testament, which is shed for many for the remission of sins.

30 **And when they had sung an hymn, they went out into the mount of Olives.**

## SECTION 1

### The Bible

#### 1 | [1 Corinthians 10:1–4](#) *brethren, 16, 17*

<sup>1</sup> brethren, I would not that ye should be ignorant, how that all our fathers were under the cloud, and all passed through the sea; <sup>2</sup> And were all baptized unto Moses in the cloud and in the sea; <sup>3</sup> And did all eat the same spiritual meat; <sup>4</sup> And did all drink the same spiritual drink: for they drank of that spiritual Rock that followed them: and that Rock was Christ.

<sup>16</sup> The cup of blessing which we bless, is it not the communion of the blood of Christ? The bread which we break, is it not the communion of the body of Christ? <sup>17</sup> For we being many are one bread, and one body: for we are all partakers of that one bread.

#### 2 | [1 Corinthians 11:28](#) *let*

<sup>28</sup> let a man examine himself, and so let him eat of that bread, and drink of that cup.

#### 3 | [Romans 14:17](#)

<sup>17</sup> For the kingdom of God is not meat and drink; but righteousness, and peace, and joy in the Holy Ghost.

#### 4 | [Romans 16:24](#) (to [1<sup>st</sup>](#) )

<sup>24</sup> The grace of our Lord Jesus Christ be with you all.

### *Science and Health with Key to the Scriptures* by Mary Baker Eddy

#### 1 | [35:25](#)

Our Eucharist is spiritual communion with the one God. Our bread, "which cometh down from heaven," is Truth. Our cup is the cross. Our wine the inspiration of Love, the draught our Master drank and commended to his followers.

#### 2 | [32:20–12](#)

The true sense is Spiritual  
refreshment spiritually lost, if the sacrament is confined to the use of bread and wine. The disciples had eaten, yet Jesus prayed and gave them bread. This would have been foolish in a literal sense; but in its spiritual signification, it was natural and beautiful. Jesus prayed; he withdrew from the material senses to refresh his heart with brighter, with spiritual views.

The Passover, which Jesus Jesus' sad  
repast ate with his disciples in the month Nisan on the night before his crucifixion, was a mournful occasion, a sad supper taken at the close of day, in the twilight of a glorious career with shadows fast falling around; and this supper closed forever Jesus' ritualism or concessions to matter.

His followers, sorrowful and silent, anticipating the hour of their Master's betrayal, partook of the heavenly manna, which of old had fed in the wilderness the persecuted followers of Truth. Their bread indeed came down from heaven. It was the great truth of spiritual being, healing the sick and casting out error. Their Master had explained it all before, and now this bread was feeding and sustaining them. They had borne this bread from house to house, *breaking* (explaining) it to others, and now it comforted themselves.

Heavenly  
supplies

### 3 | [34:10–13](#)

If all who ever partook of the sacrament had really commemorated the sufferings of Jesus and drunk of his cup, they would have revolutionized the world.

Millennial  
glory

## SECTION 2

### The Bible

#### 5 | [Isaiah 30:15 thus \(to :\)](#)

<sup>15</sup> thus saith the Lord God, the Holy One of Israel; In returning and rest shall ye be saved; in quietness and in confidence shall be your strength:

#### 6 | [Psalms 4:4 commune](#)

<sup>4</sup> commune with your own heart upon your bed, and be still.

#### 7 | [Philippians 4:6 in, 7](#)

<sup>6</sup> in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. <sup>7</sup> And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

#### 8 | [Mark 1:14 Jesus, 15 \(to :\)](#)

<sup>14</sup> Jesus came into Galilee, preaching the gospel of the kingdom of God, <sup>15</sup> And saying, The time is fulfilled, and the kingdom of God is at hand:

#### 9 | [Mark 10:46 and as, 47, 49–52](#)

<sup>46</sup> and as he went out of Jericho with his disciples and a great number of people, blind Bartimæus, the son of Timæus, sat by the highway side begging. <sup>47</sup> And when he heard that it was Jesus of Nazareth, he began to cry out, and say, Jesus, thou son of David, have mercy on me.

<sup>49</sup> And Jesus stood still, and commanded him to be called. And they call the blind man, saying unto him, Be of good comfort, rise; he calleth thee. <sup>50</sup> And he, casting away his garment, rose, and came to Jesus. <sup>51</sup> And Jesus answered and said unto him, What wilt thou that I should do unto thee? The blind man said unto him, Lord, that I might receive my sight. <sup>52</sup> And Jesus said unto him, Go thy way; thy faith hath made thee whole. And immediately he received his sight, and followed Jesus in the way.

## Science and Health

4 | [264:24](#)

Spiritual living and blessedness are the only evidences, by which we can recognize true existence and feel the unspeakable peace which comes from an all-absorbing spiritual love.

Spiritual  
proofs of  
existence

5 | [25:13–16, 26–31](#)

Jesus taught the way of Life by demonstration, that we may understand how this divine Principle heals the sick, casts out error, and triumphs over death.

Effective  
triumph

Implicit faith in the Teacher and all the emotional love we can bestow on him, will never alone make us imitators of him. We must go and do likewise, else we are not improving the great blessings which our Master worked and suffered to bestow upon us.

6 | [20:10](#)

He knew that men can be baptized, partake of the Eucharist, support the clergy, observe the Sabbath, make long prayers, and yet be sensual and sinful.

7 | [41:6](#)

Like our Master, we must depart from material sense into the spiritual sense of being.

8 | [144:20](#)

Truth, and not corporeal will, is the divine power which says to disease, "Peace, be still."

9 | [99:23](#)

The calm, strong currents of true spirituality, the manifestations of which are health, purity, and self-immolation, must deepen human experience, until the beliefs of material existence are seen to be a bald imposition, and sin, disease, and death give everlasting place to the scientific demonstration of divine Spirit and to God's spiritual, perfect man.

## SECTION 3

### The Bible

10 | [I John 4:9](#)

<sup>9</sup> In this was manifested the love of God toward us, because that God sent his only begotten Son into the world, that we might live through him.

11 | [Matthew 14:14](#)

<sup>14</sup> And Jesus went forth, and saw a great multitude, and was moved with compassion toward them, and he healed their sick.

12 | [Matthew 9:32 behold, 33](#)

<sup>32</sup> behold, they brought to him a dumb man possessed with a devil. <sup>33</sup> And when

the devil was cast out, the dumb spake: and the multitudes marvelled, saying, It was never so seen in Israel.

### 13 | [Galatians 4:6](#) *God*

6 God hath sent forth the Spirit of his Son into your hearts, crying, Abba, Father.

## *Science and Health*

### 10 | [45:16](#) (only)

Glory be to God, and peace to the struggling hearts!

### 11 | [138:14](#)

The supremacy of Spirit was the foundation on which Jesus built. His sublime summary points to the religion of Love.

### 12 | [332:19](#)

Jesus demonstrated Christ; he proved that Christ is the divine idea of God — the Holy Ghost, or Comforter, revealing the divine Principle, Love, and leading into all truth.

Holy Ghost  
or Comforter

### 13 | [54:1–8](#)

Through the magnitude of his human life, he demonstrated the divine Life. Out of the amplitude of his pure affection, he defined Love. With the affluence of Truth, he vanquished error. The world acknowledged not his righteousness, seeing it not; but earth received the harmony his glorified example introduced.

Who is ready to follow his teaching and example?

### 14 | [31:12–22](#) (to .)

First in the list of Christian duties, he taught his followers the healing power of Truth and Love. He attached no importance to dead ceremonies. It is the living Christ, the practical Truth, which makes Jesus “the resurrection and the life” to all who follow him in deed. Obeying his precious precepts, — following his demonstration so far as we apprehend it, — we drink of his cup, partake of his bread, are baptized with his purity; and at last we shall rest, sit down with him, in a full understanding of the divine Principle which triumphs over death.

Healing  
primary

### 15 | [259:11](#)

The Christlike understanding of scientific being and divine healing includes a perfect Principle and idea, — perfect God and perfect man, — as the basis of thought and demonstration.

### 16 | [495:20](#)

Let Christian Science, instead of corporeal sense, support your understanding of being, and this understanding will supplant error with Truth, replace mortality with immortality, and silence discord with harmony.

## SECTION 4

### The Bible

14 | [John 17:1](#)

<sup>1</sup> These words spake Jesus, and lifted up his eyes to heaven, and said, Father, the hour is come; glorify thy Son, that thy Son also may glorify thee:

15 | [Luke 22:39–42, 45–52](#)

<sup>39</sup> And he came out, and went, as he was wont, to the mount of Olives; and his disciples also followed him. <sup>40</sup> And when he was at the place, he said unto them, Pray that ye enter not into temptation.

<sup>41</sup> And he was withdrawn from them about a stone's cast, and kneeled down, and prayed, <sup>42</sup> Saying, Father, if thou be willing, remove this cup from me: nevertheless not my will, but thine, be done.

<sup>45</sup> And when he rose up from prayer, and was come to his disciples, he found them sleeping for sorrow, <sup>46</sup> And said unto them, Why sleep ye? rise and pray, lest ye enter into temptation. <sup>47</sup> And while he yet spake, behold a multitude, and he that was called Judas, one of the twelve, went before them, and drew near unto Jesus to kiss him. <sup>48</sup> But Jesus said unto him, Judas, betrayest thou the Son of man with a kiss? <sup>49</sup> When they which were about him saw what would follow, they said unto him, Lord, shall we smite

with the sword? <sup>50</sup> And one of them smote the servant of the high priest, and cut off his right ear. <sup>51</sup> And Jesus answered and said, Suffer ye thus far. And he touched his ear, and healed him. <sup>52</sup> Then Jesus said unto the chief priests, and captains of the temple, and the elders, which were come to him, Be ye come out, as against a thief, with swords and staves?

16 | [Luke 23:1, 23 \(to 1<sup>st</sup> .\), 24, 26, 32, 33](#)

<sup>1</sup> And the whole multitude of them arose, and led him unto Pilate.

<sup>23</sup> And they were instant with loud voices, requiring that he might be crucified.

<sup>24</sup> And Pilate gave sentence that it should be as they required.

<sup>26</sup> And as they led him away, they laid hold upon one Simon, a Cyrenian, coming out of the country, and on him they laid the cross, that he might bear it after Jesus.

<sup>32</sup> And there were also two other, malefactors, led with him to be put to death. <sup>33</sup> And when they were come to the place, which is called Calvary, there they crucified him, and the malefactors, one on the right hand, and the other on the left.

### *Science and Health*

17 | [33:18](#)

When the human element in him struggled with the divine,

The holy struggle

our great Teacher said: “Not my will, but Thine, be done!” — that is, Let not the flesh, but the Spirit, be represented in me. This is the new understanding of spiritual Love. It gives all for Christ, or Truth. It blesses its enemies, heals the sick, casts out error, raises the dead from trespasses and sins, and preaches the gospel to the poor, the meek in heart.

### 18 | 39:1–6

Meekly our Master met the mockery of his unrecognized grandeur. Such indignities as he received, his followers will endure until Christianity’s last triumph. He won eternal honors. He overcame the world, the flesh, and all error, thus proving their nothingness.

Mockery  
of truth

### 19 | 242:9

There is but one way to heaven, harmony, and Christ in divine Science shows us this way. It is to know no other reality — to have no other consciousness of life — than good, God and His reflection, and to rise superior to the so-called pain and pleasure of the senses.

The one  
only way

### 20 | 33:31

Are all who eat bread and drink wine in memory of Jesus willing truly to drink his cup, take his cross, and leave all for the Christ-principle? Then why ascribe this inspiration to a dead rite, instead of showing, by casting out error and making the

body “holy, acceptable unto God,” that Truth has come to the understanding? If Christ, Truth, has come to us in demonstration, no other commemoration is requisite, for demonstration is Immanuel, or *God with us*; and if a friend be with us, why need we memorials of that friend?

## SECTION 5

### The Bible

#### 17 | I Peter 1:3–5

<sup>3</sup> Blessed be the God and Father of our Lord Jesus Christ, which according to his abundant mercy hath begotten us again unto a lively hope by the resurrection of Jesus Christ from the dead, <sup>4</sup> To an inheritance incorruptible, and undefiled, and that fadeth not away, reserved in heaven for you, <sup>5</sup> Who are kept by the power of God through faith unto salvation ready to be revealed in the last time.

#### 18 | John 21:1 Jesus, 4–6 when, 9, 12, 14–17

<sup>1</sup> Jesus shewed himself again to the disciples at the sea of Tiberias; and on this wise shewed he himself.

<sup>4</sup> when the morning was now come, Jesus stood on the shore: but the disciples knew not that it was Jesus. <sup>5</sup> Then Jesus saith unto them, Children, have ye any meat? They answered him, No. <sup>6</sup> And he said unto them, Cast the net on the right side of the ship, and ye shall find.

They cast therefore, and now they were not able to draw it for the multitude of fishes.

9 As soon then as they were come to land, they saw a fire of coals there, and fish laid thereon, and bread.

12 Jesus saith unto them, Come and dine. And none of the disciples durst ask him, Who art thou? knowing that it was the Lord.

14 This is now the third time that Jesus shewed himself to his disciples, after that he was risen from the dead. 15 So when they had dined, Jesus saith to Simon Peter, Simon, son of Jonas, lovest thou me more than these? He saith unto him, Yea, Lord; thou knowest that I love thee. He saith unto him, Feed my lambs. 16 He saith to him again the second time, Simon, son of Jonas, lovest thou me? He saith unto him, Yea, Lord; thou knowest that I love thee. He saith unto him, Feed my sheep. 17 He saith unto him the third time, Simon, son of Jonas, lovest thou me? Peter was grieved because he said unto him the third time, Lovest thou me? And he said unto him, Lord, thou knowest all things; thou knowest that I love thee. Jesus saith unto him, Feed my sheep.

## Science and Health

21 | [43:3–6](#), [11–12](#)

The magnitude of Jesus' Pentecost repeated work, his material disappearance before their eyes and his reappearance, all

enabled the disciples to understand what Jesus had said.

Jesus' last proof was the highest, the most convincing, the most profitable to his students.

22 | [34:18–21](#), [29](#)

Through all the disciples Fellowship with Christ experienced, they became more spiritual and understood better what the Master had taught. His resurrection was also their resurrection.

What a contrast between The last breakfast our Lord's last supper and his last spiritual breakfast with his disciples in the bright morning hours at the joyful meeting on the shore of the Galilean Sea! His gloom had passed into glory, and his disciples' grief into repentance, — hearts chastened and pride rebuked. Convinced of the fruitlessness of their toil in the dark and wakened by their Master's voice, they changed their methods, turned away from material things, and cast their net on the right side. Discerning Christ, Truth, anew on the shore of time, they were enabled to rise somewhat from mortal sensuousness, or the burial of mind in matter, into newness of life as Spirit.

23 | [325:7](#)

Jesus gave the true idea of being, which results in infinite blessings to mortals.

24 | **43:27 (only), 32**

The divine must overcome the human at every point.

Love must triumph over hate. Truth and Life must seal the victory over error and death, before the thorns can be laid aside for a crown, the benediction follow, “Well done, good and faithful servant,” and the supremacy of Spirit be demonstrated.

25 | **15:26–30**

Self-forgetfulness, purity, and affection are constant prayers. Practice not profession, understanding not belief, gain the ear and right hand of omnipotence and they assuredly call down infinite blessings.

Trustworthy  
beneficence

26 | **4:5–9**

To keep the commandments of our Master and follow his example, is our proper debt to him and the only worthy

evidence of our gratitude for all that he has done.

27 | **39:6**

He wrought a full salvation from sin, sickness, and death. We need “Christ, and him crucified.” We must have trials and self-denials, as well as joys and victories, until all error is destroyed.

28 | **34:13**

If all who seek his commemoration through material symbols will take up the cross, heal the sick, cast out evils, and preach Christ, or Truth, to the poor, — the receptive thought, — they will bring in the millennium.

Millennial  
glory

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