



Christian Science Quarterly Bible Lessons

FEBRUARY 2–8, 2026

Spirit

GOLDEN TEXT

Galatians 5:25

If we live in the Spirit, let us also walk in the Spirit.

RESPONSIVE READING

I Corinthians 2:9–13 as; Proverbs 1:20, 23 behold

I Cor. 2:9 . . . as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him.

10 But God hath revealed them unto us by his Spirit: for the Spirit searcheth all things, yea, the deep things of God.

11 For what man knoweth the things of a man, save the spirit of man which is in him? even so the things of God knoweth no man, but the Spirit of God.

12 Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God.

13 Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual.

Prov. 1:20 **Wisdom crieth without; she uttereth her voice in the streets:**

23 . . . behold, I will pour out my spirit unto you, I will make known my words unto you.

SECTION 1

The Bible

1 | [John 4:24 \(to :\)](#)

24 God is a Spirit:

2 | [Psalms 139:7–10, 23](#)

7 Whither shall I go from thy spirit? or whither shall I flee from thy presence?

8 If I ascend up into heaven, thou art there: if I make my bed in hell, behold, thou art there. 9 If I take the wings of the morning, and dwell in the uttermost parts of the sea; 10 Even there shall thy hand lead me, and thy right hand shall hold me.

23 Search me, O God, and know my heart: try me, and know my thoughts:

3 | [Psalms 143:8 \(to 2nd ;\)](#)

8 Cause me to hear thy lovingkindness in the morning; for in thee do I trust:

cause me to know the way wherein
I should walk;

**Science and Health
with Key to the Scriptures**
by Mary Baker Eddy

1 | [223:7–8 God](#)

God is infinite omnipresent Spirit.

2 | [192:9](#)

Spirit is not separate from God. Spirit is God.

3 | [334:31–32](#)

Spirit being God, there is but one Spirit, for there can be but one infinite and therefore one God.

4 | [331:11, 22](#)

The Scriptures imply that God is All-in-all. From this it follows that nothing possesses reality nor existence except the divine Mind and His ideas. The Scriptures also declare that God is Spirit. Therefore in Spirit all is harmony, and there can be no discord; all is Life, and there is no death. Everything in God's universe expresses Him.

Allness of
Spirit

He fills all space, and it is impossible to conceive of such omnipresence and individuality except as infinite Spirit or Mind. Hence all is Spirit and spiritual.

5 | [167:24–26](#)

There is but one way — namely, God and His idea — which leads to spiritual being.

SECTION 2

The Bible

4 | [Ezekiel 36:16 the, 27 I will](#)

¹⁶ the word of the Lord came unto me, saying,

²⁷ I will put my spirit within you, and cause you to walk in my statutes, and ye shall keep my judgments, and do them.

5 | [1 Samuel 3:1 \(to 1st .\), 3–6, 8–10, 19](#)

¹ And the child Samuel ministered unto the Lord before Eli.

³ And ere the lamp of God went out in the temple of the Lord, where the ark of God was, and Samuel was laid down to sleep; ⁴ That the Lord called Samuel: and he answered, Here am I. ⁵ And he ran unto Eli, and said, Here am I; for thou calledst me. And he said, I called not; lie down again. And he went and lay down.

⁶ And the Lord called yet again, Samuel. And Samuel arose and went to Eli, and said, Here am I; for thou didst call me. And he answered, I called not, my son; lie down again.

⁸ And the Lord called Samuel again the third time. And he arose and went to Eli, and said, Here am I; for thou didst call me.

And Eli perceived that the Lord had called the child. ⁹ Therefore Eli said unto Samuel, Go, lie down: and it shall be, if he call thee, that thou shalt say, Speak, Lord; for thy servant heareth. So Samuel went and lay down in his place. ¹⁰ And the Lord came, and stood, and called as at other times, Samuel, Samuel. Then Samuel answered, Speak; for thy servant heareth.

¹⁹ And Samuel grew, and the Lord was with him, and did let none of his words fall to the ground.

6 | [Isaiah 42:1 \(to :\)](#)

¹ Behold my servant, whom I uphold; mine elect, in whom my soul delighteth; I have put my spirit upon him:

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6 | [89:20–21](#)

Spirit, God, is heard when the senses are silent.

7 | [323:28–2](#)

The effects of Christian Science are not so much seen as felt. It is the “still, small voice” of Truth uttering itself. We are either turning away from this utterance, or we are listening to it and going up higher. Willingness to become as a little child and to leave the old for the new, renders thought receptive of the advanced idea.

Childlike receptivity

8 | [513:6–7, 26–27](#)

Advancing spiritual steps in the teeming universe of Mind lead on to spiritual spheres and exalted beings.

God creates all forms of reality. His thoughts are spiritual realities.

9 | [264:10, 15–20](#)

We must look where we would walk, and we must act as possessing all power from Him in whom we have our being.

When we realize that Life Self-completeness is Spirit, never in nor of matter, this understanding will expand into self-completeness, finding all in God, good, and needing no other consciousness.

Spirit and its formations are the only realities of being.

SECTION 3

The Bible

7 | [Isaiah 57:15 thus](#)

¹⁵ thus saith the high and lofty One that inhabiteth eternity, whose name is Holy; I dwell in the high and holy place, with him also that is of a contrite and humble spirit, to revive the spirit of the humble, and to revive the heart of the contrite ones.

8 | [II Kings 2:1, 6–12 \(to 1st .\), 15 \(to 1st .\)](#)

¹ And it came to pass, when the Lord would take up Elijah into heaven by

a whirlwind, that Elijah went with Elisha from Gilgal.

6 And Elijah said unto him, Tarry, I pray thee, here; for the Lord hath sent me to Jordan. And he said, As the Lord liveth, and as thy soul liveth, I will not leave thee. And they two went on. 7 And fifty men of the sons of the prophets went, and stood to view afar off: and they two stood by Jordan. 8 And Elijah took his mantle, and wrapped it together, and smote the waters, and they were divided hither and thither, so that they two went over on dry ground. 9 And it came to pass, when they were gone over, that Elijah said unto Elisha, Ask what I shall do for thee, before I be taken away from thee. And Elisha said, I pray thee, let a double portion of thy spirit be upon me. 10 And he said, Thou hast asked a hard thing: nevertheless, if thou see me when I am taken from thee, it shall be so unto thee; but if not, it shall not be so. 11 And it came to pass, as they still went on, and talked, that, behold, there appeared a chariot of fire, and horses of fire, and parted them both asunder; and Elijah went up by a whirlwind into heaven. 12 And Elisha saw it, and he cried, My father, my father, the chariot of Israel, and the horsemen thereof.

15 And when the sons of the prophets which were to view at Jericho saw him, they said, The spirit of Elijah doth rest on Elisha.

9 | Psalms 37:18, 23

18 The Lord knoweth the days of the upright: and their inheritance shall be for ever.

23 The steps of a good man are ordered by the Lord: and he delighteth in his way.

10 | Romans 8:14

14 For as many as are led by the Spirit of God, they are the sons of God.

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10 | 139:4–9

From beginning to end, the Marvels and reformatory Scriptures are full of accounts of the triumph of Spirit, Mind, over matter. Moses proved the power of Mind by what men called miracles; so did Joshua, Elijah, and Elisha. The Christian era was ushered in with signs and wonders.

11 | 593:4

PROPHET. A spiritual seer; disappearance of material sense before the conscious facts of spiritual Truth.

12 | 95:30–32

Material sense does not Spiritual awakening unfold the facts of existence; but spiritual sense lifts human consciousness into eternal Truth.

13 | 7:18-21

If spiritual sense always guided men, there would grow out of ecstatic moments a higher experience and a better life with more devout self-abnegation and purity.

Emotional utterances

14 | 505:16-17, 20-21

Spirit imparts the understanding which uplifts consciousness and leads into all truth.

Spiritual sense is the discernment of spiritual good.

15 | 510:4

To discern the rhythm of Spirit and to be holy, thought must be purely spiritual.

Spiritual ideas apprehended

16 | 326:16-21

The purpose and motive to live aright can be gained now. This point won, you have started as you should. You have begun at the numeration-table of Christian Science, and nothing but wrong intention can hinder your advancement. Working and praying with true motives, your Father will open the way.

SECTION 4

The Bible

11 | Mark 1:14-18 Jesus, 21

14 Jesus came into Galilee, preaching the gospel of the kingdom of God, 15 And saying, The time is fulfilled, and the kingdom of God is at hand: repent ye, and believe the gospel. 16 Now as he walked by the sea of Galilee, he saw Simon and Andrew his brother casting a net into the sea: for they were fishers. 17 And Jesus said unto them, Come ye after me, and I will make you to become fishers of men. 18 And straightway they forsook their nets, and followed him.

21 And they went into Capernaum; and straightway on the sabbath day he entered into the synagogue, and taught.

12 | Luke 7:11-16 he

11 he went into a city called Nain; and many of his disciples went with him, and much people. 12 Now when he came nigh to the gate of the city, behold, there was a dead man carried out, the only son of his mother, and she was a widow: and much people of the city was with her.

13 And when the Lord saw her, he had compassion on her, and said unto her, Weep not. 14 And he came and touched the bier: and they that bare him stood still. And he said, Young man, I say unto thee,

Arise. 15 And he that was dead sat up, and began to speak. And he delivered him to his mother. 16 And there came a fear on all: and they glorified God, saying, That a great prophet is risen up among us; and, That God hath visited his people.

13 | [Acts 17:28 \(to ;\)](#)

28 For in him we live, and move, and have our being;

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17 | [361:16](#)

As a drop of water is one with the ocean, a ray of light one with the sun, even so God and man, Father and son, are one in being. The Scripture reads: "For in Him we live, and move, and have our being."

18 | [539:8–12](#)

What can be the standard of good, of Spirit, of Life, or of Truth, if they produce their opposites, such as evil, matter, error, and death? God could never impart an element of evil, and man possesses nothing which he has not derived from God.

Only one standard

19 | [94:1–3](#)

Jesus taught but one God, one Spirit, who makes man in the image and likeness of Himself, — of Spirit, not of matter.

20 | [332:11–15](#)

The Christ is incorporeal, spiritual, — yea, the divine image and likeness, dispelling the illusions of the senses; the Way, the Truth, and the Life, healing the sick and casting out evils, destroying sin, disease, and death.

The Son of God

21 | [476:32–7](#)

Jesus beheld in Science the perfect man, who appeared to him where sinning mortal man appears to mortals. In this perfect man the Saviour saw God's own likeness, and this correct view of man healed the sick. Thus Jesus taught that the kingdom of God is intact, universal, and that man is pure and holy. Man is not a material habitation for Soul; he is himself spiritual.

22 | [289:14, 25](#)

The fact that the Christ, or Truth, overcame and still overcomes death proves the "king of terrors" to be but a mortal belief, or error, which Truth destroys with the spiritual evidences of Life; and this shows that what appears to the senses to be death is but a mortal illusion, for to the real man and the real universe there is no death-process.

Death but an illusion

The spiritual fact and the material belief of things are contradictions; but the spiritual is true, and therefore the material must be untrue. Life is not in matter. Therefore it cannot be said to pass out of matter. Matter

Spiritual offspring

and death are mortal illusions. Spirit and all things spiritual are the real and eternal.

23 | [271:26–30](#)

Those, who are willing to leave their nets or to cast them on the right side for Truth, have the opportunity now, as aforetime, to learn and to practise Christian healing. The Scriptures contain it. The spiritual import of the Word imparts this power.

Modern
evangel

5 And he gave heed unto them, expecting to receive something of them. 6 Then Peter said, Silver and gold have I none; but such as I have give I thee: In the name of Jesus Christ of Nazareth rise up and walk. 7 And he took him by the right hand, and lifted him up: and immediately his feet and ankle bones received strength. 8 And he leaping up stood, and walked, and entered with them into the temple, walking, and leaping, and praising God.

16 | [Romans 8:1, 2](#)

1 There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit. 2 For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death.

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24 | [182:32–4](#)

The law of Christ, or Truth, makes all things possible to Spirit; but the so-called laws of matter would render Spirit of no avail, and demand obedience to materialistic codes, thus departing from the basis of one God, one lawmaker.

25 | [273:21–24](#)

God never ordained a material law to annul the spiritual law. If there were such a material law, it would oppose the supremacy of

Spiritual law
the only law

SECTION 5

The Bible

14 | [Psalms 43:5](#)

5 Why art thou cast down, O my soul? and why art thou disquieted within me? hope in God: for I shall yet praise him, who is the health of my countenance, and my God.

15 | [Acts 3:1–8 Peter](#)

1 Peter and John went up together into the temple at the hour of prayer, being the ninth hour. 2 And a certain man lame from his mother's womb was carried, whom they laid daily at the gate of the temple which is called Beautiful, to ask alms of them that entered into the temple; 3 Who seeing Peter and John about to go into the temple asked an alms. 4 And Peter, fastening his eyes upon him with John, said, Look on us.

Spirit, God, and impugn the wisdom of the creator.

26 | [99:23](#)

The calm, strong currents of true spirituality, the manifestations of which are health, purity, and self-immolation, must deepen human experience, until the beliefs of material existence are seen to be a bald imposition, and sin, disease, and death give everlasting place to the scientific demonstration of divine Spirit and to God's spiritual, perfect man.

27 | [393:12](#)

Rise in the strength of Spirit to resist all that is unlike good. God has made man capable of this, and nothing can vitiate the ability and power divinely bestowed on man.

SECTION 6

The Bible

17 | [John 17:3 this](#)

³ this is life eternal, that they might know thee the only true God, and Jesus Christ, whom thou hast sent.

18 | [John 6:63](#)

⁶³ It is the spirit that quickeneth; the flesh profiteth nothing: the words that I speak unto you, they are spirit, and they are life.

19 | [II Corinthians 3:18 we](#)

¹⁸ we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord.

20 | [Romans 8:16](#)

¹⁶ The Spirit itself beareth witness with our spirit, that we are the children of God:

21 | [Galatians 5:1, 22 the, 23, 25](#)

¹ Stand fast therefore in the liberty wherewith Christ hath made us free, and be not entangled again with the yoke of bondage.

²² the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, ²³ Meekness, temperance: against such there is no law.

²⁵ If we live in the Spirit, let us also walk in the Spirit.

Science and Health

28 | [283:1](#)

As mortals begin to understand Spirit, they give up the belief that there is any true existence apart from God.

29 | [223:3](#)

Sooner or later we shall learn that the fetters of man's finite capacity are forged by the illusion that he lives in body instead of in Soul, in matter instead of in Spirit.

30 | [93:26 \(only\)](#)

Man is spiritual.

is free "to enter into the holiest," — the realm of God.

31 | [481:2](#)

Man is tributary to God, Spirit, and to nothing else. God's being is infinity, freedom, harmony, and boundless bliss. "Where the Spirit of the Lord is, there is liberty." Like the archpriests of yore, man

32 | [451:14](#)

Man walks in the direction towards which he looks, and where his treasure is, there will his heart be also. If our hopes and affections are spiritual, they come from above, not from beneath, and they bear as of old the fruits of the Spirit.

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