



Christian Science Quarterly Bible Lessons

JANUARY 12–18, 2026

Life

GOLDEN TEXT

Hosea 1:10 2nd You

... You are the children of the living God!

The Golden Text is from the Good News Translation in Today's English Version—Second Edition.

RESPONSIVE READING

Acts 17:24, 25, 28 (to :); Psalms 23:1–6

Acts 17:24 God that made the world and all things therein, seeing that he is Lord of heaven and earth, dwelleth not in temples made with hands;

25 **Neither is worshipped with men's hands, as though he needed any thing, seeing he giveth to all life, and breath, and all things;**

28 For in him we live, and move, and have our being;

Ps. 23:1 The Lord is my shepherd; I shall not want.

2 He maketh me to lie down in green pastures: he leadeth me beside the still waters.

3 He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake.

4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.

5 **Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over.**

6 Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord for ever.

SECTION 1

The Bible

1 | Psalms 42:8 the

8 the Lord will command his lovingkindness in the daytime, and in the night his song shall be with me, and my prayer unto the God of my life.

2 | Psalms 103:1, 3, 4

1 Bless the Lord, O my soul: and all that is within me, bless his holy name.

3 Who forgiveth all thine iniquities; who healeth all thy diseases; 4 Who redeemeth thy life from destruction; who crowneth thee with lovingkindness and tender mercies;

3 | **Psalms 107:2–9, 43**

² Let the redeemed of the Lord say so, whom he hath redeemed from the hand of the enemy; ³ And gathered them out of the lands, from the east, and from the west, from the north, and from the south. ⁴ They wandered in the wilderness in a solitary way; they found no city to dwell in. ⁵ Hungry and thirsty, their soul fainted in them. ⁶ Then they cried unto the Lord in their trouble, and he delivered them out of their distresses. ⁷ And he led them forth by the right way, that they might go to a city of habitation. ⁸ Oh that men would praise the Lord for his goodness, and for his wonderful works to the children of men! ⁹ For he satisfieth the longing soul, and filleth the hungry soul with goodness.

⁴³ Whoso is wise, and will observe these things, even they shall understand the lovingkindness of the Lord.

**Science and Health
with Key to the Scriptures**
by Mary Baker Eddy

1 | **257:24–27**

Who hath found finite life or love sufficient to meet the demands of human want and woe, — to still the desires, to satisfy the aspirations?

Inexhaustible divine Love

2 | **76:6–10**

When being is understood, Life will be recognized as neither

Real Life
is God

material nor finite, but as infinite, — as God, universal good; and the belief that life, or mind, was ever in a finite form, or good in evil, will be destroyed.

3 | **108:19**

When apparently near the confines of mortal existence, standing already within the shadow of the death-valley, I learned these truths in divine Science: that all real being is in God, the divine Mind, and that Life, Truth, and Love are all-powerful and ever-present; that the opposite of Truth, — called error, sin, sickness, disease, death, — is the false testimony of false material sense, of mind in matter; that this false sense evolves, in belief, a subjective state of mortal mind which this same so-called mind names *matter*, thereby shutting out the true sense of Spirit.

Light shining
in darkness

4 | **596:23**

Though the way is dark in mortal sense, divine Life and Love illumine it, destroy the unrest of mortal thought, the fear of death, and the supposed reality of error. Christian Science, contradicting sense, maketh the valley to bud and blossom as the rose.

5 | **516:9–12 Life**

Life is reflected in existence, Truth in truthfulness, God in goodness, which impart their own peace and permanence.

Love imparts
beauty

SECTION 2

The Bible

4 | James 3:11, 17 the

11 Doth a fountain send forth at the same place sweet water and bitter?

17 the wisdom that is from above is first pure, then peaceable, gentle, and easy to be entreated, full of mercy and good fruits, without partiality, and without hypocrisy.

5 | Psalms 42:2 (to :)

2 My soul thirsteth for God, for the living God:

6 | Exodus 15:22–25 (to :)

22 So Moses brought Israel from the Red sea, and they went out into the wilderness of Shur; and they went three days in the wilderness, and found no water. 23 And when they came to Marah, they could not drink of the waters of Marah, for they were bitter: therefore the name of it was called Marah. 24 And the people murmured against Moses, saying, What shall we drink? 25 And he cried unto the Lord; and the Lord shewed him a tree, which when he had cast into the waters, the waters were made sweet:

Science and Health

6 | 287:12 "Doth, 24–25

"Doth a fountain send forth at the same place sweet

Divine
allness

water and bitter?" God being everywhere and all-inclusive, how can He be absent or suggest the absence of omnipresence and omnipotence? How can there be more than *all*?

The supposition that life, substance, and intelligence are *in* matter, or *of* it, is an error.

Error
unveiled

7 | 215:12

Whatever is governed by God, is never for an instant deprived of the light and might of intelligence and Life.

8 | 492:3

For right reasoning there should be but one fact before the thought, namely, spiritual existence. In reality there is no other existence, since Life cannot be united to its unlikeness, mortality.

9 | 495:16

Let neither fear nor doubt overshadow your clear sense and calm trust, that the recognition of life harmonious — as Life eternally is — can destroy any painful sense of, or belief in, that which Life is not. Let Christian Science, instead of corporeal sense, support your understanding of being, and this understanding will supplant error with Truth,

Steadfast and
calm trust

replace mortality with immortality, and silence discord with harmony.

10 | 215:22–24

With its divine proof, Science reverses the evidence of material sense. Every quality and condition of mortality is lost, swallowed up in immortality.

SECTION 3

The Bible

7 | Joel 2:21, 25 / will, 26 (to :)

21 Fear not, O land; be glad and rejoice: for the Lord will do great things.

25 I will restore to you the years that the locust hath eaten, the cankerworm, and the caterpillar, and the palmerworm, my great army which I sent among you.

26 And ye shall eat in plenty, and be satisfied, and praise the name of the Lord your God, that hath dealt wondrously with you:

8 | II Kings 8:1–6

1 Then spake Elisha unto the woman, whose son he had restored to life, saying, Arise, and go thou and thine household, and sojourn wheresoever thou canst sojourn: for the Lord hath called for a famine; and it shall also come upon the land seven years. 2 And the woman arose, and did after the saying of the man of God: and she went with her household, and sojourned in the land of the

Philistines seven years. 3 And it came to pass at the seven years' end, that the woman returned out of the land of the Philistines: and she went forth to cry unto the king for her house and for her land. 4 And the king talked with Gehazi the servant of the man of God, saying, Tell me, I pray thee, all the great things that Elisha hath done. 5 And it came to pass, as he was telling the king how he had restored a dead body to life, that, behold, the woman, whose son he had restored to life, cried to the king for her house and for her land. And Gehazi said, My lord, O king, this is the woman, and this is her son, whom Elisha restored to life. 6 And when the king asked the woman, she told him. So the king appointed unto her a certain officer, saying, Restore all that was hers, and all the fruits of the field since the day that she left the land, even until now.

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11 | 264:15

When we realize that Life is Spirit, never in nor of matter, this understanding will expand into self-completeness, finding all in God, good, and needing no other consciousness.

12 | 471:18–19

God is infinite, therefore ever present, and there is no other power nor presence.

13 | 539:8-12

What can be the standard of good, of Spirit, of Life, or of Truth, if they produce their opposites, such as evil, matter, error, and death? God could never impart an element of evil, and man possesses nothing which he has not derived from God.

Only one standard

14 | 394:20-29

Will you bid a man let evils overcome him, assuring him that all misfortunes are from God, against whom mortals should not contend? Will you tell the sick that their condition is hopeless, unless it can be aided by a drug or climate? Are material means the only refuge from fatal chances? Is there no divine permission to conquer discord of every kind with harmony, with Truth and Love?

We should remember that Life is God, and that God is omnipotent.

15 | 306:7 (only), 25

Life demonstrates Life.

Undisturbed amid the jarring testimony of the material senses, Science, still enthroned, is unfolding to mortals the immutable, harmonious, divine Principle, — is unfolding Life and the universe, ever present and eternal.

16 | 578:5 (only), 8, 16

[DIVINE LOVE] is my shepherd; I shall not want.

[LOVE] restoreth my soul [spiritual sense]: [LOVE] leadeth me in the paths of righteousness for His name's sake.

Surely goodness and mercy shall follow me all the days of my life; and I will dwell in the house [the consciousness] of [LOVE] for ever.

SECTION 4

The Bible

9 | Deuteronomy 30:19, 20 (to 2nd :)

19 I call heaven and earth to record this day against you, that I have set before you life and death, blessing and cursing: therefore choose life, that both thou and thy seed may live: 20 That thou mayest love the Lord thy God, and that thou mayest obey his voice, and that thou mayest cleave unto him: for he is thy life, and the length of thy days:

10 | Matthew 7:13, 14

13 Enter ye in at the strait gate: for wide is the gate, and broad is the way, that leadeth to destruction, and many there be which go in therewith: 14 Because strait is the gate, and narrow is the way, which leadeth unto life, and few there be that find it.

11 | Malachi 3:10-12 (to :)

10 Bring ye all the tithes into the storehouse, that there may be meat in mine

house, and prove me now herewith, saith the Lord of hosts, if I will not open you the windows of heaven, and pour you out a blessing, that there shall not be room enough to receive it. [11](#) And I will rebuke the devourer for your sakes, and he shall not destroy the fruits of your ground; neither shall your vine cast her fruit before the time in the field, saith the Lord of hosts. [12](#) And all nations shall call you blessed:

Science and Health

[17 | 324:13–15 The](#)

The way is straight and narrow, which leads to the understanding that God is the only Life.

[18 | 9:17](#)

Dost thou "love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind"? This command includes much, even the surrender of all merely material sensation, affection, and worship. This is the El Dorado of Christianity. It involves the Science of Life, and recognizes only the divine control of Spirit, in which Soul is our master, and material sense and human will have no place.

Practical religion

[19 | 262:10–14](#)

We must reverse our feeble flutterings — our efforts to find life and truth in matter — and rise above the testimony of the

material senses, above the mortal to the immortal idea of God.

[20 | 95:6–10](#)

We approach God, or Life, in proportion to our spirituality, our fidelity to Truth and Love; and in that ratio we know all human need and are able to discern the thought of the sick and the sinning for the purpose of healing them.

[21 | 451:2](#)

Christian Scientists must live under the constant pressure of the apostolic command to come out from the material world and be separate. They must renounce aggression, oppression and the pride of power. Christianity, with the crown of Love upon her brow, must be their queen of life.

[22 | vii:1–2](#)

To those leaning on the sustaining infinite, to-day is big with blessings.

SECTION 5

The Bible

[12 | John 7:37 Jesus, 38](#)

[37](#) Jesus stood and cried, saying, If any man thirst, let him come unto me, and drink. [38](#) He that believeth on me, as the scripture hath said, out of his belly shall flow rivers of living water.

13 | [John 10:10 / am](#)

[10](#) I am come that they might have life, and that they might have it more abundantly.

14 | [Matthew 15:21–28 Jesus, 30, 32–37](#)

[21](#) Jesus went thence, and departed into the coasts of Tyre and Sidon. [22](#) And, behold, a woman of Canaan came out of the same coasts, and cried unto him, saying, Have mercy on me, O Lord, thou son of David; my daughter is grievously vexed with a devil. [23](#) But he answered her not a word. And his disciples came and besought him, saying, Send her away; for she crieth after us. [24](#) But he answered and said, I am not sent but unto the lost sheep of the house of Israel. [25](#) Then came she and worshipped him, saying, Lord, help me. [26](#) But he answered and said, It is not meet to take the children's bread, and to cast it to dogs. [27](#) And she said, Truth, Lord: yet the dogs eat of the crumbs which fall from their masters' table. [28](#) Then Jesus answered and said unto her, O woman, great is thy faith: be it unto thee even as thou wilt. And her daughter was made whole from that very hour.

[30](#) And great multitudes came unto him, having with them those that were lame, blind, dumb, maimed, and many others, and cast them down at Jesus' feet; and he healed them:

[32](#) Then Jesus called his disciples unto him, and said, I have compassion on the

multitude, because they continue with me now three days, and have nothing to eat: and I will not send them away fasting, lest they faint in the way. [33](#) And his disciples say unto him, Whence should we have so much bread in the wilderness, as to fill so great a multitude? [34](#) And Jesus saith unto them, How many loaves have ye? And they said, Seven, and a few little fishes. [35](#) And he commanded the multitude to sit down on the ground. [36](#) And he took the seven loaves and the fishes, and gave thanks, and brake them, and gave to his disciples, and the disciples to the multitude. [37](#) And they did all eat, and were filled: and they took up of the broken meat that was left seven baskets full.

Science and Health23 | [496:9 \(only\)](#)

We all must learn that Life is God.

24 | [270:31–5](#)

The life of Christ Jesus was not miraculous, but it was indigenous to his spirituality, — the good soil wherein the seed of Truth springs up and bears much fruit. Christ's Christianity is the chain of scientific being reappearing in all ages, maintaining its obvious correspondence with the Scriptures and uniting all periods in the design of God.

25 | 361:4–5

Christ, as the true spiritual idea, is the ideal of God now and forever, here and everywhere.

26 | 442:19–25 *When*

When Christ changes a belief of sin or of sickness into a better belief, then belief melts into spiritual understanding, and sin, disease, and death disappear. Christ, Truth, gives mortals temporary food and clothing until the material, transformed with the ideal, disappears, and man is clothed and fed spiritually.

Christ
the great
physician

27 | 54:8–10 *All*

All must sooner or later plant themselves in Christ, the true idea of God.

28 | 496:9–13 *Ask*

Ask yourself: Am I living the life that approaches the supreme good? Am I demonstrating the healing power of Truth and Love? If so, then the way will grow brighter "unto the perfect day."

Condition
of progress

29 | 570:14–18

Millions of unprejudiced minds — simple seekers for Truth, weary wanderers, athirst in the desert — are waiting and watching for rest and drink. Give them a cup of cold water in Christ's name, and never fear the consequences.

Receptive
hearts

30 | 518:15–19

The rich in spirit help the poor in one grand brotherhood, all having the same Principle, or Father; and blessed is that man who seeth his brother's need and supplieth it, seeking his own in another's good.

Assistance in
brotherhood

SECTION 6

The Bible

15 | *Revelation 10:1 (to 1st :), 5, 6*

1 And I saw another mighty angel come down from heaven, clothed with a cloud:

5 And the angel which I saw stand upon the sea and upon the earth lifted up his hand to heaven, 6 And sware by him that liveth for ever and ever, who created heaven, and the things that therein are, and the earth, and the things that therein are, and the sea, and the things which are therein, that there should be time no longer:

16 | *Deuteronomy 33:27 (to :)*

27 The eternal God is thy refuge, and underneath are the everlasting arms:

Science and Health

31 | *598:23–30*

One moment of divine consciousness, or the spiritual understanding of Life and

Love, is a foretaste of eternity. This exalted view, obtained and retained when the Science of being is understood, would bridge over with life discerned spiritually the interval of death, and man would be in the full consciousness of his immortality

and eternal harmony, where sin, sickness, and death are unknown.

32 | [246:27–28 \(to 1st .\)](#)

Life is eternal. We should find this out, and begin the demonstration thereof.

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