



JANUARY 19–25, 2026

# Truth

## GOLDEN TEXT

**Psalms 117:1, 2** *the (to 1<sup>st</sup>.)*

O praise the Lord, all ye nations: praise him, all ye people. . . . the truth of the Lord endureth for ever.

## RESPONSIVE READING

**Psalms 85:8 (to 1<sup>st</sup> :), 10–13; 89:1, 2, 5, 6, 8, 13, 14, 52**

85:8 I will hear what God the Lord will speak:

10 Mercy and truth are met together; righteousness and peace have kissed each other.

11 Truth shall spring out of the earth; and righteousness shall look down from heaven.

12 Yea, the Lord shall give that which is good; and our land shall yield her increase.

13 Righteousness shall go before him; and shall set us in the way of his steps.

89:1 I will sing of the mercies of the Lord for ever: with my mouth will I make known thy faithfulness to all generations.

2 For I have said, Mercy shall be built up for ever: thy faithfulness shalt thou establish in the very heavens.

5 And the heavens shall praise thy wonders, O Lord: thy faithfulness also in the congregation of the saints.

6 For who in the heaven can be compared unto the Lord? who among the sons of the mighty can be likened unto the Lord?

8 O Lord God of hosts, who is a strong Lord like unto thee? or to thy faithfulness round about thee?

13 Thou hast a mighty arm: strong is thy hand, and high is thy right hand.

14 Justice and judgment are the habitation of thy throne: mercy and truth shall go before thy face.

52 Blessed be the Lord for evermore. Amen, and Amen.

## SECTION 1

### The Bible

1 | **Psalms 25:2 (to :), 5**

2 O my God, I trust in thee:

5 Lead me in thy truth, and teach me: for thou art the God of my salvation; on thee do I wait all the day.

2 | **Psalms 27:1, 3–5, 13, 14**

1 The Lord is my light and my salvation; whom shall I fear? the Lord is the strength of my life; of whom shall I be afraid?

3 Though an host should encamp against me, my heart shall not fear: though war should rise against me, in this will I be confident. 4 One thing have I desired of the Lord, that will I seek after; that I may dwell in the house of the Lord all the days of my life, to behold the beauty of the Lord, and to inquire in his temple. 5 For in the time of trouble he shall hide me in his pavilion: in the secret of his tabernacle shall he hide me; he shall set me up upon a rock.

13 I had fainted, unless I had believed to see the goodness of the Lord in the land of the living. 14 Wait on the Lord: be of good courage, and he shall strengthen thine heart: wait, I say, on the Lord.

### ***Science and Health with Key to the Scriptures* by Mary Baker Eddy**

1 | **465:9 God, 14**

God is incorporeal, divine, supreme, infinite Mind, Spirit, Soul, Principle, Life, Truth, Love.

The attributes of God are justice, mercy, wisdom, goodness, and so on.

2 | **293:28**

Christian Science brings to light Truth and its supremacy, universal harmony, the

entireness of God, good, and the nothingness of evil.

3 | **287:10–12 (to !), 27**

In Science, Truth is divine, and the *infinite* God can have no unlikeness. Did God, Truth, create error? No!

Divine  
allness

The five material senses testify to truth and error as united in a mind both good and evil. Their false evidence will finally yield to Truth, — to the recognition of Spirit and of the spiritual creation.

4 | **367:30–4**

Because Truth is infinite, error should be known as nothing. Because Truth is omnipotent in goodness, error, Truth's opposite, has no might. Evil is but the counterpoise of nothingness. The greatest wrong is but a supposititious opposite of the highest right. The confidence inspired by Science lies in the fact that Truth is real and error is unreal.

Real and  
counterfeit

5 | **254:10–12**

When we wait patiently on God and seek Truth righteously, He directs our path.

6 | **454:5–9**

The understanding, even in a degree, of the divine All-power destroys fear, and plants the feet in the true path, — the path which leads to the

Impotence  
of hate

house built without hands “eternal in the heavens.”

## SECTION 2

### The Bible

#### 3 | [II Samuel 22:33](#)

<sup>33</sup> God is my strength and power: And he maketh my way perfect.

#### 4 | [Psalms 111:2, 7, 8](#)

<sup>2</sup> The works of the Lord are great, sought out of all them that have pleasure therein.

<sup>7</sup> The works of his hands are verity and judgment; all his commandments are sure. <sup>8</sup> They stand fast for ever and ever, and are done in truth and uprightness.

#### 5 | [Psalms 10:4, 12](#)

<sup>4</sup> The wicked, through the pride of his countenance, will not seek after God: God is not in all his thoughts.

<sup>12</sup> Arise, O Lord; O God, lift up thine hand: forget not the humble.

#### 6 | [Proverbs 22:4, 5 \(to :\), 20, 21](#)

<sup>4</sup> By humility and the fear of the Lord are riches, and honour, and life. <sup>5</sup> Thorns and snares are in the way of the froward:

<sup>20</sup> Have not I written to thee excellent things in counsels and knowledge,

<sup>21</sup> That I might make thee know the certainty of the words of truth; that thou

mightest answer the words of truth to them that send unto thee?

#### 7 | [Joshua 1:9 Be](#)

<sup>9</sup> Be strong and of a good courage; be not afraid, neither be thou dismayed: for the Lord thy God is with thee whithersoever thou goest.

#### 8 | [Isaiah 30:15 in quietness \(to :\)](#)

<sup>15</sup> in quietness and in confidence shall be your strength:

### Science and Health

#### 7 | [183:23–24](#)

Obedience to Truth gives man power and strength.

#### 8 | [28:32–1](#)

There is too much animal courage in society and not sufficient moral courage.

#### 9 | [327:23–29 \(to 1<sup>st</sup>.\)](#)

Moral courage is requisite to meet the wrong and to proclaim the right. But how shall we reform the man who has more animal than moral courage, and who has not the true idea of good? Through human consciousness, convince the mortal of his mistake in seeking material means for gaining happiness.

Moral  
courage

**10 | 8:10-18**

If a man, though apparently fervent and prayerful, is impure and therefore insincere, what must be the comment upon him? If he reached the loftiness of his prayer, there would be no occasion for comment. If we feel the aspiration, humility, gratitude, and love which our words express, — this God accepts; and it is wise not to try to deceive ourselves or others, for “there is nothing covered that shall not be revealed.”

Aspiration  
and love

**11 | 130:26-32**

If thought is startled at the strong claim of Science for the supremacy of God, or Truth, and doubts the supremacy of good, ought we not, contrariwise, to be astounded at the vigorous claims of evil and doubt them, and no longer think it natural to love sin and unnatural to forsake it, — no longer imagine evil to be ever-present and good absent?

All evil  
unnatural

**12 | 322:3-7, 31**

When understanding changes the standpoints of life and intelligence from a material to a spiritual basis, we shall gain the reality of Life, the control of Soul over sense, and we shall perceive Christianity, or Truth, in its divine Principle.

Standpoints  
changed

It is easier to desire Truth than to rid one's self of error. Mortals may seek the understanding of Christian Science, but

they will not be able to glean from Christian Science the facts of being without striving for them. This strife consists in the endeavor to forsake error of every kind and to possess no other consciousness but good.

**13 | 21:1-5**

If Truth is overcoming error in your daily walk and conversation, you can finally say, “I have fought a good fight . . . I have kept the faith,” because you are a better man. This is having our part in the at-one-ment with Truth and Love.

Moral  
victory

## SECTION 3

### The Bible

**9 | Psalms 145:1, 14, 18**

<sup>1</sup> I will extol thee, my God, O king; and I will bless thy name for ever and ever.

<sup>14</sup> The Lord upholdeth all that fall, and raiseth up all those that be bowed down.

<sup>18</sup> The Lord is nigh unto all them that call upon him, to all that call upon him in truth.

**10 | Psalms 43:3 (to ;)**

<sup>3</sup> O send out thy light and thy truth: let them lead me;

**11 | John 1:17 grace**

<sup>17</sup> grace and truth came by Jesus Christ.

**12 | Luke 13:11–13**

<sup>11</sup> And, behold, there was a woman which had a spirit of infirmity eighteen years, and was bowed together, and could in no wise lift up herself. <sup>12</sup> And when Jesus saw her, he called her to him, and said unto her, Woman, thou art loosed from thine infirmity. <sup>13</sup> And he laid his hands on her: and immediately she was made straight, and glorified God.

**Science and Health****14 | 316:7**

Christ, Truth, was demonstrated through Jesus to prove the power of Spirit over the flesh, — to show that Truth is made manifest by its effects upon the human mind and body, healing sickness and destroying sin.

**15 | 473:10–12**

Christ is the ideal Truth, that comes to heal sickness and sin through Christian Science, and attributes all power to God.

**16 | 162:4**

Christian Science brings to the body the sunlight of Truth, which invigorates and purifies. Christian Science acts as an alterative, neutralizing error with Truth. It changes the secretions, expels humors, dissolves tumors, relaxes rigid muscles, restores carious bones to soundness. The effect of this Science is to stir the human mind to a

Truth an  
alterative

change of base, on which it may yield to the harmony of the divine Mind.

**17 | 417:10–16**

Maintain the facts of Christian Science, — that Spirit is God, and therefore cannot be sick; that what is termed matter cannot be sick; that all causation is Mind, acting through spiritual law. Then hold your ground with the unshaken understanding of Truth and Love, and you will win.

**18 | 243:27**

Truth, Life, and Love are a law of annihilation to everything unlike themselves, because they declare nothing except God.

Annihilation  
of error

**SECTION 4****The Bible****13 | III John 1:4**

<sup>4</sup> I have no greater joy than to hear that my children walk in truth.

**14 | Matthew 14:14 Jesus**

<sup>14</sup> Jesus went forth, and saw a great multitude, and was moved with compassion toward them, and he healed their sick.

**15 | Matthew 15:39**

<sup>39</sup> And he sent away the multitude, and took ship, and came into the coasts of Magdala.

**16 | Matthew 16:5-8, 11**

5 And when his disciples were come to the other side, they had forgotten to take bread. 6 Then Jesus said unto them, Take heed and beware of the leaven of the Pharisees and of the Sadducees. 7 And they reasoned among themselves, saying, It is because we have taken no bread.

8 Which when Jesus perceived, he said unto them, O ye of little faith, why reason ye among yourselves, because ye have brought no bread?

11 How is it that ye do not understand that I spake it not to you concerning bread, that ye should beware of the leaven of the Pharisees and of the Sadducees?

**17 | I Corinthians 5:8**

8 Therefore let us keep the feast, not with old leaven, neither with the leaven of malice and wickedness; but with the unleavened bread of sincerity and truth.

**Science and Health****19 | 117:27-31**

Truth is a revelation.

Jesus bade his disciples beware of the leaven of the Pharisees and of the Sadducees, which he defined as human doctrines.

Leaven  
of Truth

**20 | 185:32**

A patient under the influence of mortal mind is

False  
stimulus

healed only by removing the influence on him of this mind, by emptying his thought of the false stimulus and reaction of will-power and filling it with the divine energies of Truth.

**21 | 422:5**

If the reader of this book observes a great stir throughout his whole system, and certain moral and physical symptoms seem aggravated, these indications are favorable. Continue to read, and the book will become the physician, allaying the tremor which Truth often brings to error when destroying it.

Effect of  
this book

**22 | 151:21**

The human mind has no power to kill or to cure, and it has no control over God's man. The divine Mind that made man maintains His own image and likeness. The human mind is opposed to God and must be put off, as St. Paul declares. All that really exists is the divine Mind and its idea, and in this Mind the entire being is found harmonious and eternal. The straight and narrow way is to see and acknowledge this fact, yield to this power, and follow the leadings of truth.

**23 | x:22-23, 25-27**

The divine Principle of healing is proved in the personal experience of any sincere seeker of Truth.

The unbiased Christian thought is soonest touched by Truth, and convinced of it.

## SECTION 5

### The Bible

#### 18 | [Psalms 33:4, 5](#)

<sup>4</sup> For the word of the Lord is right; and all his works are done in truth. <sup>5</sup> He loveth righteousness and judgment: the earth is full of the goodness of the Lord.

#### 19 | [Psalms 96:11–13](#)

<sup>11</sup> Let the heavens rejoice, and let the earth be glad; let the sea roar, and the fulness thereof. <sup>12</sup> Let the field be joyful, and all that is therein: then shall all the trees of the wood rejoice <sup>13</sup> Before the Lord: for he cometh, for he cometh to judge the earth: he shall judge the world with righteousness, and the people with his truth.

#### 20 | [Psalms 89:14](#)

<sup>14</sup> Justice and judgment are the habitation of thy throne: mercy and truth shall go before thy face.

#### 21 | [Mark 15:1 the chief](#)

<sup>1</sup> the chief priests held a consultation with the elders and scribes and the whole council, and bound Jesus, and carried him away, and delivered him to Pilate.

22 | [John 18:29, 30, 33, 36 \(to 1<sup>st</sup> :\), 37 To, 38 \(to ?\)](#)

<sup>29</sup> Pilate then went out unto them, and said, What accusation bring ye against this man? <sup>30</sup> They answered and said unto him, If he were not a malefactor, we would not have delivered him up unto thee.

<sup>33</sup> Then Pilate entered into the judgment hall again, and called Jesus, and said unto him, Art thou the King of the Jews?

<sup>36</sup> Jesus answered, My kingdom is not of this world:

<sup>37</sup> To this end was I born, and for this cause came I into the world, that I should bear witness unto the truth. Every one that is of the truth heareth my voice.

<sup>38</sup> Pilate saith unto him, What is truth?

### Science and Health

#### 24 | [223:14 \(only\)](#)

The question, "What is Truth," convulses the world.

#### 25 | [48:25](#)

Pale in the presence of his own momentous question, "What is Truth," Pilate was drawn into acquiescence with the demands of Jesus' enemies. Pilate was ignorant of the consequences of his awful decision against human rights and divine Love, knowing not that he was hastening the final demonstration of what life is and of what

Pilate's  
question



the true knowledge of God can do for man.

## 26 | 280:9–10, 30

Finite belief can never do justice to Truth in any direction.

The only excuse for entertaining human opinions and rejecting the Science of being is our mortal ignorance of Spirit, — ignorance which yields only to the understanding of divine Science, the understanding by which we enter into the kingdom of Truth on earth and learn that Spirit is infinite and supreme. Spirit and matter no more commingle than light and darkness. When one appears, the other disappears.

## 27 | 450:15–22

Some people yield slowly to the touch of Truth. Few yield without a struggle, and many are reluctant to acknowledge that they have yielded; but unless this admission is made, evil will boast itself above good. The Christian Scientist has enlisted to lessen evil, disease, and death; and he will overcome them by understanding their nothingness and the allness of God, or good.

Touchstone  
of Science

## 28 | 474:25–29

Truth spares all that is true. If evil is real, Truth must make it so; but error, not Truth, is the author of the unreal, and the unreal vanishes, while all that is real is eternal.

Truth  
destroys falsity

## 29 | 208:20

Let us learn of the real and eternal, and prepare for the reign of Spirit, the kingdom of heaven, — the reign and rule of universal harmony, which cannot be lost nor remain forever unseen.

# SECTION 6

## The Bible

### 23 | Isaiah 26:2–4 (to 1<sup>st</sup> :), 12

<sup>2</sup> Open ye the gates, that the righteous nation which keepeth the truth may enter in. <sup>3</sup> Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee. <sup>4</sup> Trust ye in the Lord for ever:

<sup>12</sup> Lord, thou wilt ordain peace for us: for thou also hast wrought all our works in us.

### 24 | Isaiah 52:9, 10

<sup>9</sup> Break forth into joy, sing together, ye waste places of Jerusalem: for the Lord hath comforted his people, he hath redeemed Jerusalem. <sup>10</sup> The Lord hath made bare his holy arm in the eyes of all the nations; and all the ends of the earth shall see the salvation of our God.

### 25 | Jeremiah 4:2 The

<sup>2</sup> The Lord liveth, in truth, in judgment, and in righteousness; and the nations



shall bless themselves in him, and in him  
shall they glory.

## 26 | [Psalms 100:5](#)

<sup>5</sup> For the Lord is good; his mercy is everlasting; and his truth endureth to all generations.

## *Science and Health*

### 30 | [420:3–4, 17–18](#)

Truth not error, Love      True government  
not hate, Spirit not matter,      of man  
governs man.

The fact that Truth overcomes both  
disease and sin reassures depressed hope.

### 31 | [225:5](#)

You may know when first      Truth's  
Truth leads by the fewness and      ordeal  
faithfulness of its followers. Thus it is that  
the march of time bears onward freedom's banner. The powers of this world will fight, and will command their sentinels not to let truth pass the guard until it subscribes to their systems; but Science, heeding not the pointed bayonet, marches on. There is always some tumult, but there is a rallying to truth's standard.

### 32 | [418:20–22](#)

Truth is affirmative, and confers harmony. All metaphysical logic is inspired by this simple rule of Truth, which governs all reality.

© 2025 The Christian Science Publishing Society. Unless otherwise noted, references above are from the Bible (King James Version) and the Christian Science textbook, *Science and Health with Key to the Scriptures*, by Mary Baker Eddy, the Discoverer and Founder of Christian Science. The design of the Cross and Crown is a trademark owned by The Christian Science Board of Directors and is used by permission. *Christian Science Quarterly*™ is a trademark owned by The Christian Science Publishing Society.